



# BYU BOYS LACROSSE CAMP 2017

Camp 1: July 17-20

Camp 2: July 24-27

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**\*\*IMPORTANT NOTE\*\* Participants and parents, please check the information packet again one week before camp begins for updates on your camp, particularly for check-in locations and times.**

## CHECK-IN

*All participants must check in.*

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Camp 1	Monday, July 17	11:00 a.m. to 12:30 p.m.	<a href="#">Lavell Edwards Stadium SE Entrance</a>
Camp 2	Monday, July 24	11:00 a.m. to 12:30 p.m.	<a href="#">Lavell Edwards Stadium SE Entrance</a>

- Camp agendas, meal cards, and room assignments will be given out during check-in.
- **Orientation begins at 1:00 p.m. at the North University Fields, (NUF), [2300 N. Canyon Rd. Provo, UT 84604](#)**
- Lunch will NOT be provided on Monday.
- Participants staying in campus housing should check in to the residence hall before orientation.
- After 12:30 p.m. participants should go to the [Cannon Center](#) (CANC) front desk to check in.

## CHECK-OUT

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Camp ends at 4:00 p.m. on Thursday. Campus housing participants should check out with a counselor Thursday between 4:00 and 5:00 p.m. Non-housing participants can be picked up at the **North University Fields, (NUF), [2300 N. Canyon Rd. Provo, UT 84604](#)** at 4:00 p.m.

**Parents: After check-out time, participants will not be required to have special permission to leave campus. Please make arrangements to pick up your young athletes on time.**

## GENERAL SCHEDULE

*A detailed agenda will be provided at check-in.*

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A general schedule for the week, **except Thursday**, is as follows:

6:30 a.m.	Breakfast and preparation ( <i>campus housing participants</i> )
9:00 a.m.	Morning workouts
11:00	Lunch
1:00 p.m.	Afternoon workouts/scrimmage
4:00 p.m.	Dinner
6:00 p.m.	Evening Instruction/Workouts/Seven Peaks (Wednesday)
<b>7:15 p.m.</b>	<b>End of day for non-housing participants*</b>
8:00 p.m.	Evening recreation ( <i>campus housing participants</i> )**
10:00 p.m.	Head count (athletes– remember to be on time for head count)
10:15 p.m.	Counselor devotional
10:30 p.m.	Lights out!

\* Non-housing participants should be picked up daily at 7:15 p.m. at locations specified on agenda.

\*\*First Night, 8:00 p.m. Field Games and ice cream for housing participants.

\*\*Second Night, 8:00 p.m. Casual dance for campus housing participants ages 14 and older; Talent Show for participants ages 13 and younger.

**\*\*Third Night, 4:30 p.m.** Seven Peaks Water Park – Housing participants will be going to Seven Peaks. Bring a towel and swimsuit for this activity. Non-housing participants are not required, but are welcome to attend at no extra cost. Dinner will be provided.

**\*\*Last Night, 8:00 p.m.** Participants who need to stay overnight Thursday due to travel or housing arrangements may attend the Thursday night dance (ages 14 years and older, Sunday dress) or the Thursday movie night (ages 13 years and younger).

Dress standards are strictly enforced. No speedos or bikini briefs are allowed for male participants. No shorts above the knee, midriff tops, sleeveless shirts, or tank tops are allowed at the activities. Participants who are dressed inappropriately according to the BYU Honor Code will not be admitted to the dance. Participants ages 14 and older please bring a tie, dress shirt, and slacks for the optional Thursday night dance.

Parents are invited to attend the camp awards ceremony from 3:30-4:00 p.m. on Thursday at the **North University Fields**. Parking is available on the east and south sides of the fields.

## **STANDARDS**

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Youth attending Lacrosse Camps must maintain BYU standards. Included in these high standards of honor are integrity; respectful language; morality; abstinence from tobacco, alcohol, coffee, tea, and harmful drugs; and modesty in dress. All hairstyles should be clean and neat. Extreme hairstyles are unacceptable. Athletic shorts are acceptable only in the PE areas; shorts worn in other areas must be knee-length. No sleeveless shirts or tank tops are permitted. Dress and grooming standards are **strictly** enforced on campus. Failure to comply with these standards may result in a request to make appropriate changes and/or dismissal from camp (see Honor Code link on the *Information Packets* page on our Web site).

*Due to safety and liability concerns, any participant found in or entering campus construction areas will be subject to immediate dismissal.*

## **FOOD AND HOUSING**

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Campus housing participants will eat some meals in the all-you-can-eat cafeteria. Non-housing participants will receive lunch every day but Monday and dinner on Monday and Tuesday. There is a \$2 replacement cost for lost meal cards. [BYU dress and grooming standards](#) are strictly enforced in the cafeteria; therefore, please remember to bring pants, sweats, or knee-length shorts to wear at mealtimes. Shorts above the knee, swimsuits, and tank tops are not permitted in the cafeteria.

Campus housing participants are lodged Monday through Wednesday nights in [Helaman Halls](#). Campus housing participants who must stay due to travel arrangements may stay in the residence halls Thursday night and check out by 9:00 a.m. on Friday. Meals on Thursday night and Friday morning are at the participant's expense. The residence hall room is furnished with linen, bedding, towels, and a pullout drawer for valuables that can be locked (padlock must be provided by the participant). Laundry facilities are not available. Messages for those staying in campus housing can be left by calling the Cannon Center front desk, 801-422-2034.

## **SECURITY RULES**

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Participants should be aware of the following rules and precautions:

- Do not bring a large sum of money or expensive items to camp.
- Do not leave equipment unattended, except in designated secure locations.
- Do not walk alone on campus or leave campus unattended (without a counselor, coach, or other camp staff member).
- Write your name clearly on all items you will be bringing to camp.

**Brigham Young University is not responsible for lost or stolen items.**

## CHECKLIST OF ITEMS TO BRING TO CAMP

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- All participants must bring their own stick!!**
- All lacrosse equipment and protective gear: Helmet, stick, gloves, shoulder pads, and any other equipment needed to play lacrosse (If you are renting equipment, this must be arranged ahead of time).
- Clothing for workouts, including t-shirts, shorts, and athletic socks
- Clothing for free time and in the cafeteria - knee-length shorts, sweats, etc
- Clothing for casual dance (campus housing participants 14 and older)
- Toiletries—toothbrush, soap, shampoo, etc.
- Towel and swimsuit for Seven Peaks Water Park (boys – no speedos or bikini briefs)
- Sunscreen
- Emergency phone numbers
- Information on past injuries for trainers
- Alarm clock (campus housing participants)
- Padlock for valuables drawer (campus housing participants)
- Spending money (optional) for snacks, souvenirs, prescriptions, etc.
- Water bottle
- Camera (optional)

**\*Note: Write your name clearly on all items you will be bringing to camp.**

**Items to leave at home** include in-line skates, skateboards, hover boards, water guns, water balloons, fireworks, other explosive/flammable materials, incense, candles, any type of open flame, firearms, pellet guns, BB and paint guns, wrist rockets, slingshots, bows and arrows, knives, swords (including decorative weapons), and pets and animals of any kind.

These items are inappropriate to bring to camp and will be confiscated. We also discourage you from bringing media devices, laptops, expensive items, and excessive cash. Cell phones and iPods are acceptable but must remain in your residence hall.

## CANCELLATIONS AND REFUNDS

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Only a participant and his or her parents have authority to request a refund. Full refunds, minus the \$35 nonrefundable portion of camp tuition, will be given on all cancellations requested by 5 p.m. 10 days before the camp begins. No refunds will be given after this deadline. For example, if you are attending a Basketball Camp beginning Monday, June 20, refunds will not be given after 5 p.m. Friday, June 10.

The simplest way to cancel a camp registration is to email [sportscamps@byu.edu](mailto:sportscamps@byu.edu) with the participant name and camp ID number (confirmation number). If a program is canceled, a full refund will be given. Brigham Young University cannot be held responsible for any change or cancellation charges required by airlines, travel agencies or other institutions.

## INSURANCE

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Brigham Young University DOES NOT provide medical insurance for sports camps participants. Medical expenses incurred as a result of participating in a BYU sports camp ARE THE RESPONSIBILITY OF THE FAMILY OF EACH CAMP PARTICIPANT. Participants must carry primary insurance during camp or be self-insured. Expenses for treatment paid by BYU must be reimbursed to the university no later than **August 31, 2017**.

## ILLNESSES AND INJURIES

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For minor illnesses, participants may choose to remain at home. Counselors or coaches must be notified in such cases. If medical treatment for a participant is deemed necessary, Brigham Young University will attempt to contact the parent or guardian. In the event the parent/guardian cannot be timely reached, the participant may be transported off-site to receive medical treatment.

Experienced athletic trainers will be on hand to treat injuries that may occur during workouts. For serious injuries, participants may be taken to the Utah Valley Regional Medical Center emergency room. Athletes are encouraged to begin strength, flexibility, and nutritional training prior to camp to minimize the risk of injury during camp. It is the camp participant's responsibility to follow the trainers' instructions.

**The information listed above is camp specific. For general information regarding camp policies and guidelines [click here](#).**