



BYU CUBS LACROSSE CAMP 2017

Cubs Girls July 3-6
Cubs Boys July 10-13

****IMPORTANT NOTE** Participants and parents, please check the information packet again one week before camp begins for updates on your camp, particularly for check-in locations and times.**

CHECK -IN

All participants must check in.

The location and times for check-in are as follows:

Camp I (Girls)	Monday, July 3	12:30 p.m.	North University Fields
Camp II (Boys)	Monday, July 10	8:30 a.m.	North University Fields

- Please arrive early so we can start on time.

PICK-UP TIME

Cubs Lacrosse Camp ends at noon each day (other than Monday, July 3rd which ends at 4 PM). **Parents:** After camp ends, participants will not be required to have special permission to leave campus. Please be sure to immediately pick up your athletes each day at a specific spot. We cannot be responsible for children remaining longer than 15 minutes after camp has ended.

GENERAL SCHEDULE

A detailed agenda will be provided at check-in.

A general agenda for the week is as follows:

Camp 9:00 a.m.–Noon (Cubs Girls Lacrosse will run from 1-4 PM on Monday, July 3rd. All other days the camp will run from 9:00 a.m. – Noon.

- Each day's activities will consist of warm-ups, drills, a video presentation/popsicle break, and games.
- There will also be an awards ceremony during the last half hour of the last day of camp.
- In case of inclement weather, participants will be moved inside

STANDARDS

Youth attending Lacrosse Camps must maintain BYU standards. Included in these high standards of honor are integrity; respectful language; morality; abstinence from tobacco, alcohol, coffee, tea, and harmful drugs; and modesty in dress. All hairstyles should be clean and neat. Extreme hairstyles are unacceptable. Athletic shorts are acceptable only in the PE areas; shorts worn in other areas must be knee-length. No sleeveless shirts or tank tops are permitted. Dress and grooming standards are **strictly** enforced on campus. Failure to comply with these standards may result in a request to make appropriate changes and/or dismissal from camp (see Honor Code link on the *Information Packets* page on our Web site).

Due to safety and liability concerns, any participant found in or entering campus construction areas will be subject to immediate dismissal.

FOOD

There will be a daily popsicle break. It is recommended that all participants eat before arriving at camp each day. Water will be provided; however, all campers are encouraged to bring a water bottle

SECURITY RULES

Participants should be aware of the following rules and precautions:

- Do not bring a large sum of money or expensive items to camp.
- Do not leave equipment unattended, except in designated secure locations.
- Do not walk alone on campus or leave campus unattended (without a counselor, coach, or other camp staff member).
- Write your name clearly on all items you will be bringing to camp.

Brigham Young University is not responsible for lost or stolen items.

CHECKLIST OF ITEMS TO BRING TO CAMP

Make sure all clothing and equipment are labeled

- All participants must bring their own stick!!**
- All lacrosse equipment and protective gear: Helmet, stick, gloves, shoulder pads, and any other equipment needed to play lacrosse (**If you are renting equipment, this must be arranged ahead of time**).
- Clothing for workouts, including t-shirts, shorts, and athletic socks
- Water bottle

Please make sure that all your child's clothing and equipment are clearly labeled.

Items to leave at home include in-line skates, skateboards, hover boards, water guns, water balloons, fireworks, other explosive/flammable materials, incense, candles, any type of open flame, firearms, pellet guns, BB and paint guns, wrist rockets, slingshots, bows and arrows, knives, swords (including decorative weapons), and pets and animals of any kind. These items are inappropriate to bring to camp and will be confiscated. We also discourage you from bringing media devices, laptops, expensive items, and excessive cash. Cell phones and iPods are acceptable but must remain in your residence hall.

CANCELLATIONS AND REFUNDS

Only a participant and his or her parents have authority to request a refund. Full refunds, minus the \$35 nonrefundable portion of camp tuition, will be given on all cancellations requested by 5 p.m. 10 days before the camp begins. No refunds will be given after this deadline. For example, if you are attending a Basketball Camp beginning Monday, June 20, refunds will not be given after 5 p.m. Friday, June 10.

The simplest way to cancel a camp registration is to email sportscamps@byu.edu with the participant name and camp ID number (confirmation number). If a program is canceled, a full refund will be given. Brigham Young University cannot be held responsible for any change or cancellation charges required by airlines, travel agencies or other institutions.

INSURANCE

Brigham Young University DOES NOT provide medical insurance for sports camps participants. Medical expenses incurred as a result of participating in a BYU sports camp ARE THE RESPONSIBILITY OF THE FAMILY OF EACH CAMP PARTICIPANT. Participants must carry primary insurance during camp or be self-insured. Expenses for treatment paid by BYU must be reimbursed to the university no later than **August 31, 2017**.

ILLNESSES AND INJURIES

For minor illnesses, participants may choose to remain at home. Counselors or coaches must be notified in such cases. If medical treatment for a participant is deemed necessary, Brigham Young University will attempt to contact the parent or guardian. In the event the parent/guardian cannot be timely reached, the participant may be transported off-site to receive medical treatment.

Experienced athletic trainers will be on hand to treat injuries that may occur during workouts. For serious injuries, participants may be taken to the Utah Valley Regional Medical Center emergency room. Athletes are encouraged to begin strength, flexibility, and nutritional training prior to camp to minimize the risk of injury during camp. It is the camp participant's responsibility to follow the trainers' instructions.

The information listed above is camp specific. For general information regarding camp policies and guidelines [click here](#).