



BYU FATHERS AND SONS CAMP 2017

May 26-29, 2017

****IMPORTANT NOTE** Participants and parents, please check the information packet again one week before camp begins for updates on your camp, particularly for check-in locations and times.**

CHECK-IN

All participants must check in.

Friday, May 26 **3:00 p.m. – 5:30 p.m.** [Cannon Center](#) **Room 127**

- Camp agendas, meal cards, t-shirts, jerseys, and room assignments will be given out during check-in.
- If you are arriving late, please check in at the Cannon Center (Helaman Halls) front desk.
- Parking will be available in the parking lot west of [Helaman Halls](#) and/or north of the [Indoor Practice Facility](#).
- Important: If you know that you will be arriving late, please call 801-422-5724 and let us know!

****Please remember that traffic into Utah Valley on Friday evening will be very congested due to Memorial Day weekend travel. In order to arrive at check-in on time, please allow yourself extra time to arrive at BYU.****

CHECK-OUT

Fathers and Sons' Camp ends at 12:00 p.m. on Monday, May 29. All campus housing participants can check out at their residence hall with a counselor between 12:00 p.m. and 1:00 p.m. on Monday.

GENERAL SCHEDULE

A detailed agenda will be provided at check-in.

A general agenda for the week is as follows:

Friday

3:00 p.m. – Check-in
4:30 p.m. – Dinner
6:30 p.m. – **Orientation at Smith Field House (Please be on time for orientation)**
7:00 p.m. – Evening Workouts
10:00 p.m. – End of instruction

Saturday

6:30 a.m. – Breakfast and preparation
8:30 a.m. – Camp Meeting
9:00 a.m. – Morning Workouts
11:30 a.m. – Lunch
1:30 p.m. – Camp Meeting
2:00 p.m. – Afternoon Workouts
5:00 p.m. – Shower and rest
6:15 p.m. – Dinner and evening entertainment

Sunday

6:45 a.m. – Breakfast and preparation
7:15 a.m. – Load buses
9:00 a.m. – Music and the Spoken Word

10:45 a.m.	–	Sacrament Meeting
12:15 p.m.	–	Lunch
2:00 p.m.	–	Load buses
4:30 p.m.	–	Dinner
7:00 p.m.	–	Fireside and refreshments

Monday

6:30 a.m.	–	Breakfast and preparation
8:00 a.m.	–	Instruction
11:20 a.m.	–	Closing ceremony
12:00 p.m.	–	Lunch and check out of residence halls

***** Fathers and sons, remember to be on time for camp meetings! *****

STANDARDS

Youth and Fathers attending Fathers and Sons Camp must maintain BYU standards. Included in these high standards of honor are integrity; respectful language; morality; abstinence from tobacco, alcohol, coffee, tea, and harmful drugs; and modesty in dress. All hairstyles should be clean and neat. Extreme hairstyles are unacceptable. Athletic shorts are acceptable only in the PE areas; shorts worn in other areas must be knee-length. No sleeveless shirts or tank tops are permitted. Dress and grooming standards are **strictly** enforced on campus. Failure to comply with these standards may result in a request to make appropriate changes and/or dismissal from camp (see Honor Code link on the *Information Packets* page on our Web site).

Due to safety and liability concerns, any participant found in or entering campus construction areas will be subject to immediate dismissal.

FOOD AND HOUSING

Camp participants will eat most meals in the all-you-can-eat cafeteria. There is a \$2 replacement cost for lost meal cards. [BYU dress and grooming standards](#) are strictly enforced in the cafeteria; therefore, please remember to bring pants, sweats, or knee-length shorts to wear at mealtimes. Flip-flops, slippers, swimsuits, and tank tops are not permitted in the cafeteria.

Campus housing participants are lodged Friday through Sunday nights. The residence hall room is furnished with linen, bedding, towels, and a pullout drawer for valuables that can be locked (padlock must be provided by the participant). Laundry services are not available. Messages for those staying in campus housing can be left by calling the Cannon Center front desk, 801-422-2034.

SECURITY RULES

Participants should be aware of the following rules and precautions:

- Do not bring a large sum of money or expensive items to camp.
- Do not leave equipment unattended, except in designated secure locations.
- Do not walk alone on campus or leave campus unattended (without a counselor, coach, or other camp staff member).
- Write your name clearly on all items you will be bringing to camp.

Brigham Young University is not responsible for lost or stolen items.



CHECKLIST OF ITEMS TO BRING TO CAMP

- Non-marking gym shoes
- Clothing for workouts—shorts, t-shirts (no tank tops), athletic socks
- Clothing for free time and in the cafeteria—knee-length shorts, sweats, etc.
- Clothing for Sunday activities – slacks, a nice shirt, tie, etc.
- Toiletries—toothbrush, soap, shampoo, etc .
- Towel
- Sunscreen
- Emergency phone numbers
- Information on past injuries for trainers
- Alarm clock (campus housing participants)
- Padlock for valuables drawer (campus housing participants)
- Spending money (optional) for snacks, souvenirs, prescriptions, etc.
- Water bottle
- Camera (optional)
- Shoes appropriate for athletic activities

***Note: Write your name clearly on all items you will be bringing to camp.**

Items to leave at home include rollerblades, skateboards, water guns, water balloons, fireworks, firearms, and knives. These items are inappropriate to bring to camp and will be confiscated upon your arrival. We also discourage you from bringing media devices, laptops, expensive items, and excessive cash. Cell phones and iPods are acceptable but must remain in your residence hall.

CANCELLATIONS AND REFUNDS

Prior to April 20, 2017 there is a nonrefundable fee of \$35 for cancellations from the Fathers and Sons Camp. After April 20, 2017 there is a nonrefundable fee of \$100 per participant when cancelling a camp registration for Fathers and Sons Camp. No refunds will be given for cancellations within the 21 days before the camp begins. For example, if you are attending Fathers and Sons Camp beginning Friday, May 26, refunds will not be given after 5 p.m. Friday, May 5.

INSURANCE

Brigham Young University DOES NOT provide medical insurance for sports camps participants. Medical expenses incurred as a result of participating in a BYU sports camp ARE THE RESPONSIBILITY OF THE FAMILY OF EACH CAMP PARTICIPANT. Participants must carry primary insurance during camp or be self-insured. Expenses for treatment paid by BYU must be reimbursed to the university no later than **August 31, 2017**.

ILLNESSES AND INJURIES

For minor illnesses, participants may choose to remain at home. Counselors or coaches must be notified in such cases. If medical treatment for a participant is deemed necessary, Brigham Young University will attempt to contact the parent or guardian. In the event the parent/guardian cannot be timely reached, the participant may be transported off-site to receive medical treatment.

Experienced athletic trainers will be on hand to treat injuries that may occur during workouts. For serious injuries, participants may be taken to the Utah Valley Regional Medical Center. Athletes are encouraged to begin strength, flexibility, and nutritional training prior to camp to minimize the risk of injury during camp. It is the camp participant's responsibility to follow the trainers' instructions.

The information listed above is camp specific. For general information regarding camp policies and guidelines [click here](#).