



BYU RUGBY HALFBACK ACADEMY 2017

June 29-30

****IMPORTANT NOTE**** Participants and parents, please check the information packet again one week before camp begins for updates on your camp, particularly for check-in locations and times.

CHECK-IN

All participants must check in.

Thursday, June 29

5:30 pm to 6:00 p.m.

Indoor Practice Facility

CHECK-OUT

Participants who were staying in the dorms for Rugby Camp from June 26-29 may stay in the dorms on Thursday night for Halfback Academy. They will need to check out of the dorms with their counselor on Friday morning before 9:00 am, before morning workouts begin. A place to store their luggage will be provided. Thursday's dinner will **NOT** be provided. Please plan accordingly.

Halfback Academy will end at 3:00 pm on Friday. Players will be picked up at the Indoor Practice Facility.

GENERAL SCHEDULE

A detailed agenda will be provided at check-in.

A **general** agenda for the camp:

Thursday

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|-------------------|---|
| 6:00 pm-8:00 p.m. | Evening workouts/Classroom instruction |
| 8:00 p.m. | End of day for non-housing participants. |
| 8:00 p.m. | Semi-Formal Dance(age 14 and up) or Movie (age 13 and under) for Halfback Academy participants who attended Rugby camp and stayed in campus housing |
| 10:00 p.m. | Head count (athletes– remember to be on time for head count) |
| 10:15 p.m. | Counselor devotional |
| 10:30 p.m. | Lights out! |

Friday

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|------------|------------------------------|
| 9:00 a.m. | Morning workouts |
| 11:30 a.m. | Lunch (provided) |
| 1:00 p.m. | Afternoon workouts/scrimmage |
| 3:00 p.m. | End of Camp |

Dress standards are strictly enforced. No speedos or bikini briefs are allowed for male participants. No shorts above the knee, midriff tops, sleeveless shirts, or tank tops are allowed at the activities. Participants who are dressed inappropriately according to the BYU Honor Code will not be admitted to the dance. Participants ages 14 and older please bring a tie, dress shirt, and slacks for the optional Thursday night dance.

STANDARDS

Youth attending Rugby Halfback Academy must maintain BYU standards. Included in these high standards of honor are integrity; respectful language; morality; abstinence from tobacco, alcohol, coffee, tea, and harmful drugs; and modesty in dress. All hairstyles should be clean and neat. Extreme hairstyles are unacceptable. Athletic shorts are acceptable only in the PE areas; shorts worn in other areas must be knee-length. No sleeveless shirts or tank tops are permitted. Dress and grooming standards are **strictly** enforced on campus. Failure to comply with these standards may result in a request to make appropriate changes and/or dismissal from camp (see Honor Code link on the *Information Packets* page on our Web site).

Due to safety and liability concerns, any participant found in or entering campus construction areas will be subject to immediate dismissal.

FOOD AND HOUSING

Campus housing participants will eat breakfast and dinner in the all-you-can-eat cafeteria. All participants will be provided with lunch. There is a \$2 replacement cost for lost meal cards. [BYU dress and grooming standards](#) are strictly enforced in the cafeteria; therefore, please remember to bring pants, sweats, or knee-length shorts to wear at mealtimes. Shorts above the knee, swimsuits, and tank tops are not permitted in the cafeteria.

Campus housing participants are lodged Monday through Wednesday nights in [Helaman Halls](#). Campus housing participants who must stay due to travel arrangements may stay in the residence halls Thursday night and check out by 9:00 a.m. on Friday. Meals on Thursday night and Friday morning are at the participant's expense. The residence hall room is furnished with linen, bedding, towels, and a pullout drawer for valuables that can be locked (padlock must be provided by the participant). Laundry facilities are not available. Messages for those staying in campus housing can be left by calling the Helaman Halls Cannon Center front desk, 801-422-2034.

SECURITY RULES

Participants should be aware of the following rules and precautions:

- Do not bring a large sum of money or expensive items to camp.
- Do not leave equipment unattended, except in designated secure locations.
- Do not walk alone on campus or leave campus unattended (without a counselor, coach, or other camp staff member).
- Write your name clearly on all items you will be bringing to camp.

Brigham Young University is not responsible for lost or stolen items.

CHECKLIST OF ITEMS TO BRING TO CAMP

- Rugby ball
- Clothing for workouts, including t-shirts, shorts, cleats, and athletic socks
- Toiletries—toothbrush, soap, shampoo, etc.
- Emergency phone numbers
- Information on past injuries for trainers
- Spending money (optional) for snacks, souvenirs, prescriptions, etc.
- Sunday clothing for Thursday evening dance (for those staying over on Thursday night for Halfback Academy)
- Camera (optional)

***Note: Write your name clearly on all items you will be bringing to camp.**

Items to leave at home include in-line skates, skateboards, hover boards, water guns, water balloons, fireworks, other explosive/flammable materials, incense, candles, any type of open flame, firearms, pellet guns, BB and paint guns, wrist rockets, slingshots, bows and arrows, knives, swords (including decorative weapons), and pets and animals of any

kind. These items are inappropriate to bring to camp and will be confiscated. We also discourage you from bringing media devices, laptops, expensive items, and excessive cash. Cell phones and iPods are acceptable but must remain in your residence hall.

CANCELLATIONS AND REFUNDS

Only a participant and his or her parents have authority to request a refund. Full refunds, minus the \$35 nonrefundable portion of camp tuition, will be given on all cancellations requested by 5 p.m. 10 days before the camp begins. No refunds will be given after this deadline. For example, if you are attending a Basketball Camp beginning Monday, June 20, refunds will not be given after 5 p.m. Friday, June 10.

The simplest way to cancel a camp registration is to email sportscamps@byu.edu with the participant name and camp ID number (confirmation number). If a program is canceled, a full refund will be given. Brigham Young University cannot be held responsible for any change or cancellation charges required by airlines, travel agencies or other institutions.

INSURANCE

Brigham Young University DOES NOT provide medical insurance for sports camps participants. Medical expenses incurred as a result of participating in a BYU sports camp ARE THE RESPONSIBILITY OF THE FAMILY OF EACH CAMP PARTICIPANT. Participants must carry primary insurance during camp or be self-insured. Expenses for treatment paid by BYU must be reimbursed to the university no later than **August 31, 2017**.

ILLNESSES AND INJURIES

For minor illnesses, participants may choose to remain at home. Counselors or coaches must be notified in such cases. If medical treatment for a participant is deemed necessary, Brigham Young University will attempt to contact the parent or guardian. In the event the parent/guardian cannot be timely reached, the participant may be transported off-site to receive medical treatment.

Experienced athletic trainers will be on hand to treat injuries that may occur during workouts. For serious injuries, participants may be taken to the Utah Valley Regional Medical Center emergency room. Athletes are encouraged to begin strength, flexibility, and nutritional training prior to camp to minimize the risk of injury during camp. It is the camp participant's responsibility to follow the trainers' instructions.

The information listed above is camp specific. For general information regarding camp policies and guidelines [click here](#).